Tioga County Drug & Alcohol Planning Council June 11, 2025 1:30 PM

Attendance: Roger Bunn, Samantha Hewitt, Anne McNeal, John Newell, Mellissa Parsons, Mike Spencer, Sue Sticklin, Theresa Swain, Abby Thorborg, Diane Weed, Colleen Wilber, Mary Wilson

Call to Order- Diane called the meeting to order at 1:30 p.m. with the Pledge of Allegiance and a Moment of Silence.

Marc Rice made a motion for Theresa Swain and Cindy Grand to be on the Planning Council. Shane seconded. Motion carried.

Secretary's Report-Roger made a motion to accept the April and May meeting minutes, Theresa seconded. Motion carried.

Business:

Opioid Settlement Dollars:

A proposal was submitted by the Tioga County Homeless Initiative. Abby and Samantha presented their proposal to the planning council. See attached proposal. After presenting, Abby and Samantha exited the meeting. It is agreed having drug and alcohol services available to individuals at the homeless shelter is important. Questions were raised regarding Habor Counseling already providing these services within the homeless shelter. Diane agreed to meet with the County Commissioners, Harbor Counseling, and the Homeless Initiative regarding this need.

Diane would like to address using opioid settlement dollars to bring awareness to fentanyl at the next meeting. Commissioner Rice would like to see these dollars be invested in a way that will have a return for our communities for a long time. We are currently looking at short-term solutions. What can we do to have a larger impact on our County for generations with this money? Commissioner Nickerson agreed.

Our prevention plan and our gambling plans have been submitted and accepted by the Department of Drug and Alcohol Programs. We are still writing regarding our Needs Assessment Plan and is due at the end of June. The Single County Authority has an audit in July and the planning council will be updated regarding the outcome of the audit. Diane mentioned that the top three drug of choice within the Single County Authority is alcohol, methamphetamine, and then opioid use.

Tiffany made a motion to close the meeting at 2:20 p.m., Shane seconded. Motion carried.

Roger C. Bunn Secretary

Diane Weed
D&A Assistant Administrator



Tioga County Homeless Initiative

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Carol Wooley, To President V

Tom Harmic, Bob Wooley, Vice President Secretary

Nancy Tubbs, Treasurer

Abby Thorborg
Director of Operation

April 2, 2025

Name of Service: Tioga County Homeless Initiative - Homeless Shelter

<u>Category of Service:</u> Education and recovery treatment for substance addiction within the homeless population of Tioga County.

<u>Target Goals:</u> Prevention education, treatment of addiction, and assist in the recovery process from substance addiction within Tioga County.

<u>Target clientele:</u> Individuals residing in the Tioga County Homeless Initiative shelter who are struggling with addiction to substances or are in various stages of recovery from substance abuse.

<u>Identified need/description of Service</u>: Provide treatment and support in the form of individual sessions as well as group sessions to those struggling with addiction and seeking recovery from substance abuse. Education and treatment focused on addiction prevention and recovery from substances, is addressed during the individual and group sessions.

<u>Brief description of service and how it meets the identified need:</u> The shelter offers individual and group counseling utilizing modalities including but not limited to; motivational interviewing, cognitive behavioral therapy, behavior modification techniques, mindfulness education and practice, and art therapy. The shelter also offers self-help groups and education materials to those wishing to seek self and/or peer support. Create an individualized treatment/service plan to assure each participant receives appropriate care.

Budget break out:

- Education materials: books
 - NA book x 50= \$500
 - AA book x 50= \$500
 - o Refuge Recovery x 50= \$500

Total=\$15,000

o Total = \$37,124.18

- Salary for staff providing the services
 - Salary at \$16.58 per hour = \$34,486.00
 - Employer Paid Social Security 6.2% = \$2,138.13
 - Employer Paid Medicare 1.45% = \$500.05
- Office Space cost
 - \$300 per month x 12 months

- Meeting room cost
 - o \$300 per month

o Total=\$3,600

Computer to access online meetings

- o \$1,000
- Final Total = \$60,324.18

<u>Outcomes:</u> Provide individuals of Tioga County with the opportunity to maintain recovery from substances and increase knowledge of risk and prevention.

<u>Program sustainability plan:</u> Currently the Tioga County Homeless Initiative is working with local and state legislators to have homeless shelters recognized as a location for Certified Community Health Workers to provide billable services through Medicaid. Community Health Workers provide various services to individuals addressing all areas of health and wellbeing. Once the shelter is recognized as a community health location, the shelter will be able to bill Medicaid for services provided to individuals regarding substance abuse treatment and recovery efforts.