## Tioga County Drug & Alcohol Planning Council October 11, 2023 1:30 PM

Board Attendance: Nancy Clemens, Malachi Cunningham, John Newell, Saira Olson, Diane Weed, Lisa Wood, Joelle Young Guest Attendance: Heather Kreger, Mellissa Parsons, Marc Rice, Sara Rice, Laurie Roof, Lyndsey Stiger Colleen Wilbur, Mary Wilson

Call to Order- Joelle called the meeting to order at 1:30 p.m. with the Pledge of Allegiance and a Moment of Silence.

**Secretary's Report-** Diane asked the board to review the minutes as presented for the September 13, 2023 meeting. Nancy made a motion to accept the minutes. Lisa seconded. 7 ayes, 0 nays. Motion carried.

## **Business:**

There have been no new proposals sent in for the Opioid Settlement Dollars. We expect to receive another allocation in 2 months. No comments or questions.

Lyndsey Stiger from UPMC introduces herself and her Director, Heather Kreger, as the regional manager for clinical care coordination and discharge planning. She has oversight over the social work discharge planners in her region. We will be sitting in on the Planning Council meetings to see if we could give any insight or if we could be of use during these meetings.

Diane states that she picked up 118 doses of Narcan in August. We are down to 24 doses. We have given out a lot at the Walk For Recovery event, we have supplied Crossroads and Harbor Counseling with doses. I have inquired about getting more and will plan on picking it up next month. No thoughts/suggestions.

Diane reached out to CareerLink to discuss who we are, what we do, and how we can help people. We are now on their email contact list to receive job posting updates. This is helpful to our case managers to assist our clients in search of employment. No thoughts/suggestions.

DDAP is focusing on recovery and specifically for our area funding for gambling prevention and vaping. The needs assessment plan for prevention, a 5 year plan, is beginning. We would like to include gambling and vaping prevention in our plan. BHARP is currently helping us do a stigma survey that will help us gather information that will help us with the needs assessment.

Colleen states that DDAP has put out money for recovery hubs across Pennsylvania. Listening sessions are in place to talk to people that are in recovery to learn what is really needed in each county. Once they get the information, they are developing a focus group to see how they can provide training and how they can help each county. My role is to see how I can support the SCA through this process. No questions/concerns,

September is National Recovery Month, Suicide Awareness Month, and Fetal Alcohol Spectrum Disorders(FASD). There is a state mandate for the SCA to do something regarding FASD bi-annually. Last year we visited all the doctor's offices and supplied them with information regarding Plans of Safe Care, county services, and information regarding fetal alcohol. This year, we partnered with county HR and sponsored a step challenge to raise awareness for FASD. We supplied bags with snacks, water bottles, and a gift card for those that reached the goal.

Lisa inquired about fentanyl strips. There have been concerns regarding fentanyl strips because they aren't 100% accurate however we are looking into it.

Lisa motioned to close the Planning Council meeting; Nancy seconded, 7 ayes, 0 nays. Meeting Adjourned at 1:57 p.m.

Submitted By:

Diane Weed

Diane Weed
D&A Assistant Administrator

Saira Olson Secretary

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