Tioga County Drug & Alcohol Planning Council September 14, 2022 1:30 PM

Board Attendance: Robin Adams, Malachi Cunningham, Davy Heck, Mark Scafidi, Diane Weed Guest Attendance: Theresa Bird, Commissioner Bunn, Commissioner Hamilton, Mellissa Parsons, Sara Rice, Colleen Wilbur

Call to Order- Diane Weed called the meeting to order with the Pledge of Allegiance and moment of silence.

Secretary's Report- Diane asked the board to review the minutes as presented. Mark made a motion to accept the minutes as presented, Robin seconded. Motion Carried.

Business:

Diane asked the board if there were any questions, comments, concerns, or suggestions regarding the draft bylaws that were handed out at the last meetings. No concerns. We will plan on approving the by-laws at the next meeting.

The Department of Drug and Alcohol Programs (DDAP) requested the presence of the Tioga County SCA for DDAP day in August at the County Commissioners Association of Pennsylvania (CCAP) office in Harrisburg. We gave input during this time that will be passed along to Administration. We let them know some of the things that we would like to see happen and they discussed the budget and what they can implement into their plan. We currently receive dollars for women who are pregnant, student assistance, and they are developing a new set of dollars for recovery including housing, drop-ins, and recovery needs. There will be federal and state dollars that we will be able to write for however there are strict guidelines for use.

Regarding the 5-year plan, we've received notification from DDAP that they have a new group that will help us with our 5-year plan. We will get an onsite visit to look over our current plan and make any changes if needed. Question- How many Medication Assisted Treatment (MAT) providers are in Tioga County and can you use providers across county lines? We can use providers across county lines however it is preferred to stay within our county. We contract with Crossroads Counseling and we are currently in the process of contracting with Clean Slate. We cannot contract with Applegate because they do not meet DDAP's requirements. We are currently looking to also contract with Gaudenzia and Liberty in Philadelphia for women with children facilities. We are having difficulty with a hospital base 4.0. Colleen suggested looking into Warren Hospital and Bradford Regional. Question- Do insurance companies have caps in what they cover? Yes, but we do not know what those caps are. Question- If someone has a high deductible, does your Single County Authority (SCA) cover those deductibles? Yes. Those individuals that are uninsured or underinsured, the SCA helps. No further questions.

We have received the paperwork for this year and next year regarding the State Opioid Response (SOR) proposal for prevention. This needs to get submitted by September 30th. I have been meeting with the Partnership regarding the prevention plan. We are asking money for evidence-based programs, recovery outreach, and lock boxes for seniors to keep their medications in. We will submit this to DDAP. Question-Is there a deadline to use those dollars and specific allocation for those dollars? Yes, they need to be used for prevention, which is the Partnership with my supervision. Question-Is the Partnership the only place we go through for prevention, have you opened this up to others, and when was the last time it was opened up to others? The last time we opened prevention up to others was in 2015. We have no need to re-open it to anyone else because the Partnership is doing a wonderful job and have exceeded our needs and expectations. Question-How will the lock boxes get distributed? The Partnership will distribute them through local health fairs. Question-Are the SOR dollars extra money or is it a competitive grant? We anticipate receiving the funds by late December.

The Partnership goes into the county schools and educates the children with a program called "To Good for Drugs". This program teaches children refusal skills and communication at a grade appropriate level. The program has been going very well. Wellsboro Area School District has reached out to us asking to educate grades K-2. Malachi expressed concern discussing drugs with students at such a young age. Sara informed the board that when educating children this young, it is taught that they shouldn't eat food, candy, etc. that is found or given to them from a friend because we don't know where that friend may have gotten the snack from. We

have had instances of drugs being disguised in food and in candy and we need to prevent accidental consumption.

A Walk for Recovery will be held on September 24th on The Green in Wellsboro, PA. We will be walking up and back down Main Street with banners and signs. We will have a guest speaker and hot dogs and drinks available provided by donations. No questions.

September is also Fetal Alcohol Syndrome Disorder (FASD) month. We have partnered with Plans of Safe Care, handing out fliers to the doctor's offices county-wide to bring awareness. Next year we would really like to expand on this.

Red Ribbon Week is in October and focuses on alcohol use. We are providing folders to teachers that include activities that they can do throughout the week and providing them all with red ribbons.

We have had extra dollars from previous years so we have organized a dinner and movie in Westfield and a movie night at R.B. Walter School that will be catered and is free for the families to attend. Our goal is to encourage family time and positive supports.

Question- Does MAD, ran by the SAD club, still function in Tioga County? No, the SAD program folded and is no longer functioning. Project Sticker Shock is in our plan and we are hoping to do this through Steve's Beverage. Suggestion- also reach out to the Mansfield and Blossburg distributors. Suggestion- the local police departments could get involved in distributing the stickers along with the students. The students may enjoy being picked up by a police officer.

We need to add a student to our Planning Council- someone in either 11th or 12th grade so if any of the board knows of anyone, please to let her know. Suggestion- in a different county, the class president of each year was automatically enrolled into the SCA Planning Council.

Reminder that the next planning council meeting will be virtual

Davy made a motion to close the meeting. Malachi seconded. Meeting Adjourned at 2:22 P.M.

Submitted By:

Grone Lwed

Diane Weed

D&A Assistant Administrator