

**Tioga County Drug & Alcohol Planning Council**  
**November 12, 2025**  
**1:30 PM**

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**Attendance:** Benjamin Balin, Cindy Grand, John Newell, Commissioner Shane Nickerson, Mellissa Parsons, Sara Rice, Commissioner Sam Vanloon, Diane Weed, Colleen Wilber, Mary Wilson, Joelle Young

**Call to Order-** Diane called the meeting to order at 1:30 p.m. with the Pledge of Allegiance and a Moment of Silence.

**Secretary's Report-** Joelle asked the members to review the October meeting minutes. No questions, concerns or comments. Cindy made a motion to accept the minutes as presented, John seconded. Motion carried.

**Business:**

There were no new proposals this month for Opioid Settlement Dollars. A memo was sent to the County Commissioners to request use of Opioid Settlement Dollars to pay for individual's treatment due to the budget impasse, as discussed at the last meeting. Once the budget is passed, we will then reimburse those funds. Tioga County should be getting another installment of Opioid Settlement Dollars by the end of December. No questions, comments, concerns.

Tioga County is keeping the prevention job posting open until after the budget passes. The prevention team has recently attended the Senior Expo and was very successful in handing out Doterra Bags, bags to dispose of medications, to the seniors.

The Single County Authority is looking to expand their awareness events in 2026 to Mansfield and Cowanesque Valley.

The Single County Authority and Behavioral Health Alliance of Rural Pennsylvania partnered with the Commonwealth University of Mansfield, senior psychology class, to disperse a survey to community members regarding stigma. It was a very successful project, and we are coordinating another survey this year to include Bradford County, regarding mental health. Suggestion—report the results of the stigma survey to the planning council at the next meeting.

There is a Suicide Prevention Awareness Walk scheduled for November 20, 2025 at 3:00 p.m. organized by a Commonwealth University student.

Colleen from the Behavioral Health Alliance of Rural Pennsylvania reported medical assistance data for Tioga County members substance use disorder services in which 54.4% were male and 43.6% were female. From January-October we have had 77 Tioga County members in residential treatment, 289 members in outpatient treatment, 35 members in intensive outpatient treatment, 17 members in methadone treatment, 67 between certified recovery specialists and case coordination, 20 members in Centers Of Excellence, 7 members with bupropion, and 2 for partial. The number one drug of choice in this population is stimulants followed by opioids, alcohol, then cannabis. We have spent \$1,488,000.00 on Tioga County members for substance use disorder services.

Single County Authority trends for October:

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Diane asked the Council to review the 2026 proposed meeting dates. Cindy made a motion to accept the 2026 meeting dates, Joelle seconded. Motion carried.

Cindy made motion to close meeting, John seconded. Meeting adjourned at 2:05 p.m.

Roger C Bunn

Roger C. Bunn  
Secretary



Diane Weed  
D&A Assistant Administrator